



CODE: PISCO-BCD-0355
NAME: RAIZA MAE ANJAO

CANDIDATE STATUS
☐ First-timer
☒ Ex-abroad

NATIONALITY FILIPINO	DATE OF BIRTH 15 FEB 1998	AGE 28	RELIGION CATHOLIC	MARITAL STATUS SINGLE MOTHER
HEIGHT 157.4	WEIGHT 59	EDUCATION HS GRADUATE	PLACE OF ORIGIN MUNTINLUPA CITY	CURRENT LOCATION BACOLOD CITY

Family Information

Husband/Live-in Status: N/A
Occupation: N/A
No. of Siblings: 4
Position in Family: 2ND
No. of Children: 1
Children's Ages: 9 Y.O.

Language Proficiency

	None	Basic	Good	Fluent
English	☐	☒	☐	☐
Bahasa Malaysia	☒	☐	☐	☐
Mandarin	☒	☐	☐	☐
Arabic	☐	☒	☐	☐

Work Preference

RANK 1 TO 4 · 1 = MOST PREFERRED

1	Housework + children care
2	Housework + infants / toddlers care
3	Housework + elderly / disability care
4	Housework + bedridden care

Employment History

EMPLOYMENT 1

☐ Local ☒ Overseas

Completed Contract? ☒ Yes ☐ No

COUNTRY

SAUDI ARABIA

PERIOD (mm/yyyy to mm/yyyy)

11/2021 to 07/2024

TOTAL DURATION

2 years 7 months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

2 STOREY

NO. OF PEOPLE IN THE HOUSE

2 adults 6 children 1 maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☒ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☒ Childcare ☐ Bedridden

MAIN DUTIES

General housework, assist in children (14y.o.)

EMPLOYMENT 2

☐ Local ☒ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

QATAR

PERIOD (mm/yyyy to mm/yyyy)

10/2024 to 10/2026

TOTAL DURATION

2 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

2-STOREY

NO. OF PEOPLE IN THE HOUSE

3 adults children 1 maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☒ Housework ☐ Newborn ☒ Elderly
☒ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

General housework, cooking, elderly care (70 y.o.)

EMPLOYMENT 3

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

to

TOTAL DURATION

years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 4

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 5

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

Childcare Experience

TYPE / AGE GROUP

- ☐ Newborn (0–12 mths)
☒ Toddler (1–3 yrs)
☒ Preschool (3–6 yrs)
☒ School-age (6–12 yrs)

DUTIES PERFORMED

- ☒ Sharing room with child
☒ Bottle feeding
☒ Spoon feeding
☒ Milk preparation
☒ Diaper changing
☒ Bathing
☒ Hair care/tying hair
☒ School preparation
☒ Dressing up
☒ Homework guidance
☒ Night care
☒ Play /activities

Elderly & Disability Care Experience

TYPE / AGE GROUP

- ☒ Elderly companionship
☐ Limited mobility
☐ Dementia
☐ Disable

DUTIES PERFORMED

- ☐ Sharing room with elderly
☐ Mobility assistance
☐ Transfer assistance
☐ Feeding assistance
☐ Bathing
☐ Dressing up
☐ Medication reminders
☐ Insulin injection
☒ Meal preparation
☐ Toileting help
☐ Exercise/Walking
☐ Bedridden care

Cooking

Do you cook in your country?

☒ Yes ☐ No

Willing to cook for the members of your employer's household?

☒ Yes ☐ No

Willing to handle and cook pork?

☒ Yes ☐ No

How much do you like cooking?

☒ Very much ☐ Average ☐ Not much

What types of food can you cook?

- ☒ Filipino ☐ Chinese ☐ Western
☐ Indonesian ☒ Arabic ☐ Malay
☐ Indian ☐ Others: _____
☒ None ☐ No pork ☐ No beef
☐ Vegetarian ☐ Others: _____

Any dietary restrictions?

Pet Care

Are you a pet lover?

☒ Yes ☐ No

Comfortable caring for cats?

☒ Yes ☐ No

Comfortable caring for dogs?

☒ Yes ☐ No

Any allergy to animal fur?

☐ Yes ☒ No

Pet tasks willing to do:

- ☒ Feeding ☒ Bathing / grooming
☒ Walking ☒ Cleaning waste / litter box
☐ No ☐ Yes, all dogs ☒ Big dogs only

Specific Work Willingness

WILLINGNESS			WILLINGNESS			WILLINGNESS		
Cleaning	☒ Yes	☐ No	Newborn Care	☒ Yes	☐ No	Elderly Care	☒ Yes	☐ No
Laundry	☒ Yes	☐ No	Infant/Toddler Care	☒ Yes	☐ No	Bedridden Care	☒ Yes	☐ No
Ironing	☒ Yes	☐ No	Childcare	☒ Yes	☐ No	Disability Care	☒ Yes	☐ No
Cooking	☒ Yes	☐ No	Special Child Care	☐ Yes	☒ No	Dog Care	☒ Yes	☐ No
Handwash	☒ Yes	☐ No	Plant Watering	☒ Yes	☐ No	Cat Care	☒ Yes	☐ No

Day-Off & Cellphone Usage

*as per nationality guidelines

Work on rest day for extra pay?*	☒ Yes	☐ No	Follow employer's phone rules?	☒ Yes	☐ No
Willing to stay home on rest day?	☒ Yes	☐ No	Use phone after work hours only?*	☒ Yes	☐ No
Respect employer's privacy?	☒ Yes	☐ No	Use social media responsibly?	☒ Yes	☐ No

Work & Personal Readiness

Willing to complete the full 2-year contract?	☒ Yes	☐ No	Who will care for your children while you are away? (if applicable)
Does your family support your decision to work overseas?	☒ Yes	☐ No	MY PARENTS
Prepared to live away from your family for minimum 2 years?	☒ Yes	☐ No	What will you do when you feel homesick?
Have you lived away from your family before?	☒ Yes	☐ No	CALL THEM IF I HAVE FREE TIME
Comfortable working for a family of a different religion?	☒ Yes	☐ No	
Comfortable working with different religious practices?	☒ Yes	☐ No	
Comfortable adjusting religious activities to work schedule?	☒ Yes	☐ No	

Skills & Interests

SPECIAL SKILLS

HOBBIES / INTERESTS LISTEN TO MUSIC
READING BOOKS

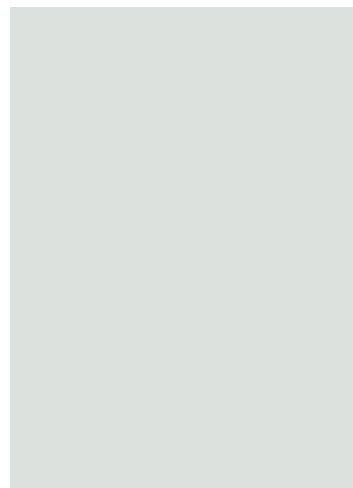
What do you want to tell your future employer?


IF YOU HIRE ME, I WILL DO MY BEST
AND FOLLOWING ALL THE RULES AND
REGULATIONS IN YOUR HOUSE

Agency's Remarks

FOR OFFICE USE · COMPLETED BY INTERVIEWER

Additional Photos



Family & Connections in Malaysia

AS DECLARED BY THE APPLICANT

	Y	N	REMARKS
Any relative or family member currently in Malaysia?	☐	☒	
Anyone else you know currently in Malaysia?	☐	☒	
Has any relative of yours worked in Malaysia before?	☐	☒	

Medical History Declaration

HAVE YOU EVER HAD, OR DO YOU NOW HAVE:

	Y	N	REMARKS		Y	N	REMARKS
Short / long sightedness	☐	☒		Tuberculosis (TB)	☐	☒	
High blood pressure	☐	☒		Hepatitis	☐	☒	
Diabetes	☐	☒		Skin disease / persistent rash	☐	☒	
Heart disease	☐	☒		Back, joint or muscle problems	☐	☒	
Gastric	☐	☒		Motion sickness / car sickness	☐	☒	
Thyroid	☐	☒		Allergies (food, medicine, animals)	☐	☒	
Hemorrhoids	☐	☒		Other illness / regular medication	☐	☒	
Asthma or breathing problems	☐	☒					

Lifestyle, Diet & Body Markings

Do you smoke?	☐ Yes, now	☐ Yes, used to	☒ Never
Do you vape?	☐ Yes, now	☐ Yes, used to	☒ Never
Do you drink alcohol?	☐ Yes, now	☐ Yes, used to	☒ Never
Any tattoo?	☐ Y	☒ N	location / size / visible in short sleeves?
Any food you cannot eat or handle?			

Dental

Braces / retainer?	☐ Yes, now	☐ Yes, used to	☒ Never	If yes, removal date:
Any dental issues?	☐ Yes, now	☐ Yes, used to	☒ Never	

Operations & Hospitalisation

☒ No, I have never had an operation / been hospitalised

☐ Yes, details below type of operation / reason · year · hospital & country · fully recovered? ongoing effects?

Reproductive Health

Using any contraception?	☐ Yes, now	☐ Yes, used to	☒ Never	type; if implant / IUD, date inserted & due
Any menstrual problem?	☐ Yes, now	☐ Yes, used to	☒ Never	heavy bleeding / severe pain / irregular cycles

Financial & Debt Declaration

	Y	N	REMARKS
Any outstanding personal loans or debts?	☐	☒	
Any outstanding bank loans or debts?	☐	☒	

Declaration Status

VERIFIED AT INTERVIEW

☒ Applicant declares she is applying voluntarily (not forced, threatened or deceived)

Information as declared by the applicant in the Applicant Declaration & Consent Form. Medical fitness is confirmed by FOMEMA screening after arrival in Malaysia.