



CODE: IJ-MI-054

NAME: IRENE DEGAMO

CANDIDATE STATUS

- ☐ First-timer
☒ Ex-abroad

NATIONALITY

FILIPINO

DATE OF BIRTH

12 NOV 1992

AGE

34

RELIGION

CHRISTIAN
(ROMAN CATHOLIC)

MARITAL STATUS

SINGLE MOTHER

HEIGHT (CM)

160CM

WEIGHT (KG)

58KG

EDUCATION

HIGH SCHOOL
GRADUATE

PLACE OF ORIGIN

CORDOVA, CEBU

CURRENT LOCATION

CORDOVA, CEBU

Family Information

Husband/Live-in Status

LIVE-IN

Occupation

BAKER

No. of Siblings

7

Position in Family

4TH

No. of Children

2

Children's Ages

10 & 17

Language Proficiency

None Basic Good Fluent

English

☐ ☒ ☐ ☐

Bahasa Malaysia

☒ ☐ ☐ ☐

Mandarin

☒ ☐ ☐ ☐

Arabic

☒ ☐ ☐ ☐

Work Preference

RANK 1 TO 4 · 1 = MOST PREFERRED

1

Housework + children care

2

Housework + infants / toddlers care

3

Housework + elderly / disability care

4

Housework + bedridden care

Employment History

EMPLOYMENT 1

☐

Local

☒

Overseas

Completed Contract?

☒

Yes

☐

No

COUNTRY

SAUDI ARABIA

PERIOD (mm/yyyy to mm/yyyy)

2023 to 2026

TOTAL DURATION

2 years 8 months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

3 STOREY

NO. OF PEOPLE IN THE HOUSE

2 adults 5 children 1 maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☒ Housework

☐ Newborn

☐ Elderly

☒ Cooking

☒ Childcare

☐ Bedridden

MAIN DUTIES

General housework, cooking, childcare
(2,4,12,14 & 17y.o)

EMPLOYMENT 2

☒

Local

☐

Overseas

Completed Contract?

☐

Yes

☒

No

COUNTRY

CEBU, PHILIPPINES

PERIOD (mm/yyyy to mm/yyyy)

2022 to 2023

TOTAL DURATION

1 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

2 STOREY

NO. OF PEOPLE IN THE HOUSE

2 adults 3 children 1 maids

IF CONTRACT NOT COMPLETED, WHY?

Stayed at home

WORK CATEGORY

☒ Housework

☐ Newborn

☐ Elderly

☒ Cooking

☒ Childcare

☐ Bedridden

MAIN DUTIES

General housework, cooking, childcare
(15, 10, 5 y.o)

EMPLOYMENT 3

☐

Local

☐

Overseas

Completed Contract?

☐

Yes

☐

No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

TOTAL DURATION

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework

☐ Newborn

☐ Elderly

☐ Cooking

☐ Childcare

☐ Bedridden

MAIN DUTIES

EMPLOYMENT 4

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 5

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

Childcare Experience

TYPE / AGE GROUP

- ☐ Newborn (0–12 mths)
☒ Toddler (1–3 yrs)
☒ Preschool (3–6 yrs)
☒ School-age (6–12 yrs)

DUTIES PERFORMED

- ☐ Sharing room with child
☒ Bottle feeding
☒ Spoon feeding
☒ Milk preparation
☒ Diaper changing
☒ Bathing
☒ Hair care/tying hair
☒ School preparation
☒ Dressing up
☒ Homework guidance
☒ Night care
☒ Play /activities

Elderly & Disability Care Experience

TYPE / AGE GROUP

- ☐ Elderly companionship
☐ Limited mobility
☐ Dementia
☐ Disable

DUTIES PERFORMED

- ☐ Sharing room with elderly
☐ Mobility assistance
☐ Transfer assistance
☐ Feeding assistance
☐ Bathing
☐ Dressing up
☐ Medication reminders
☐ Insulin injection
☐ Meal preparation
☐ Toileting help
☐ Exercise/Walking
☐ Bedridden care

Cooking

Do you cook in your country?

☒ Yes ☐ No

Willing to cook for the members of your employer's household?

☒ Yes ☐ No

Willing to handle and cook pork?

☒ Yes ☐ No

How much do you like cooking?

☒ Very much ☐ Average ☐ Not much

What types of food can you cook?

- ☒ Filipino ☐ Chinese ☒ Western
☐ Indonesian ☒ Arabic ☐ Malay
☐ Indian ☐ Others: _____
☒ None ☐ No pork ☐ No beef
☐ Vegetarian ☐ Others: _____

Any dietary restrictions?

Pet Care

Are you a pet lover?

☒ Yes ☐ No

Comfortable caring for cats?

☒ Yes ☐ No

Comfortable caring for dogs?

☐ Yes ☒ No

Any allergy to animal fur?

☐ Yes ☒ No

Pet tasks willing to do:

- ☒ Feeding ☒ Bathing / grooming
☒ Walking ☒ Cleaning waste / litter box

Are you afraid of dogs?

☐ No ☒ Yes, all dogs ☐ Big dogs only

Specific Work Willingness

WILLINGNESS			WILLINGNESS			WILLINGNESS		
Cleaning	☒ Yes	☐ No	Newborn Care	☒ Yes	☐ No	Elderly Care	☒ Yes	☐ No
Laundry	☒ Yes	☐ No	Infant/Toddler Care	☒ Yes	☐ No	Bedridden Care	☒ Yes	☐ No
Ironing	☒ Yes	☐ No	Childcare	☒ Yes	☐ No	Disability Care	☒ Yes	☐ No
Cooking	☒ Yes	☐ No	Special Child Care	☒ Yes	☐ No	Dog Care	☒ Yes	☐ No
Handwash	☒ Yes	☐ No	Plant Watering	☒ Yes	☐ No	Cat Care	☒ Yes	☐ No

Day-Off & Cellphone Usage

Work on rest day for extra pay?	☒ Yes	☐ No	Follow employer's phone rules?	☒ Yes	☐ No
Willing to stay home on rest day?	☒ Yes	☐ No	Use phone after work hours only?	☒ Yes	☐ No
Respect employer's privacy?	☒ Yes	☐ No	Use social media responsibly?	☒ Yes	☐ No

Work & Personal Readiness

Willing to complete the full 2-year contract?	☒ Yes	☐ No	Who will care for your children while you are away? (if applicable)	
Does your family support your decision to work overseas?	☒ Yes	☐ No	My sister	
Prepared to live away from your family for minimum 2 years?	☒ Yes	☐ No	What will you do when you feel homesick?	
Have you lived away from your family before?	☒ Yes	☐ No	Focus on my work	
Comfortable working for a family of a different religion?	☒ Yes	☐ No		
Comfortable working with different religious practices?	☒ Yes	☐ No		
Comfortable adjusting religious activities to work schedule?	☒ Yes	☐ No		

Skills & Interests

SPECIAL SKILLS

HOBBIES / INTERESTS

COOKING

GARDENING

What do you want to tell your future employer?



I am honest and hardworking person.

If you will hire me, i will do my best

and follow all the house rules

Agency's Remarks

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Have cousing in Malaysia - 2 yrs (DH)

Additional Photos

