



CODE: IJ-MI-047

NAME: KIZEL MENDOZA

CANDIDATE STATUS

- ☐ First-timer
☒ Ex-abroad

NATIONALITY

FILIPINO

DATE OF BIRTH

10 MAR 1997

AGE

29

RELIGION

CHRISTIAN (R.C)

MARITAL STATUS

MARRIED

HEIGHT (CM)

156CM

WEIGHT (KG)

65

EDUCATION

COLLEGE LEVEL

PLACE OF ORIGIN

DUEÑAS, ILOILO

CURRENT LOCATION

DUEÑAS, ILOILO

Family Information

Husband/Live-in Status

MARRIED

Occupation

LABORER IN CONSTRUCTION

No. of Siblings

5

Position in Family

5th

No. of Children

2

Children's Ages

8, 4 y.o

Language Proficiency

None Basic Good Fluent

English

☐ ☒ ☐ ☐

Bahasa Malaysia

☒ ☐ ☐ ☐

Mandarin

☒ ☐ ☐ ☐

Arabic

☒ ☐ ☐ ☐

Work Preference

RANK 1 TO 4 · 1 = MOST PREFERRED

- Housework + children care
 Housework + infants / toddlers care
 Housework + elderly / disability care
 Housework + bedridden care

Employment History

EMPLOYMENT 1

☐ Local ☒ Overseas

Completed Contract? ☒ Yes ☐ No

COUNTRY

QATAR

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

2 STOREY

PERIOD (mm/yyyy to mm/yyyy)

2024 to 2026

NO. OF PEOPLE IN THE HOUSE

2 adults 1 children 1 maids

TOTAL DURATION

2 years months

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

- ☒ Housework ☐ Newborn ☐ Elderly
☒ Cooking ☒ Childcare ☐ Bedridden

MAIN DUTIES

General housework, cooking as instructed childcare (4y.o)

EMPLOYMENT 2

☒ Local ☐ Overseas

Completed Contract? ☒ Yes ☐ No

COUNTRY

ILOILO, PHILIPPINES

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

2 STOREY

PERIOD (mm/yyyy to mm/yyyy)

2018 to 2021

NO. OF PEOPLE IN THE HOUSE

2 adults 1 children 1 maids

TOTAL DURATION

3 years months

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

- ☒ Housework ☐ Newborn ☐ Elderly
☒ Cooking ☒ Childcare ☐ Bedridden

MAIN DUTIES

General housework, cooking, childcare (7y.o)

EMPLOYMENT 3

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

PERIOD (mm/yyyy to mm/yyyy)

to

NO. OF PEOPLE IN THE HOUSE

adults children maids

TOTAL DURATION

years months

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

- ☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 4

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 5

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

Childcare Experience

TYPE / AGE GROUP

☐ Newborn (0–12 mths)
☒ Toddler (1–3 yrs)
☒ Preschool (3–6 yrs)
☒ School-age (6–12 yrs)

DUTIES PERFORMED

☐ Sharing room with child ☐ Diaper changing ☒ Dressing up
☐ Bottle feeding ☐ Bathing ☒ Homework guidance
☐ Spoon feeding ☒ Hair care/tying hair ☐ Night care
☐ Milk preparation ☒ School preparation ☐ Play /activities

Elderly & Disability Care Experience

TYPE / AGE GROUP

☒ Elderly companionship
☐ Limited mobility
☐ Dementia
☐ Disable

DUTIES PERFORMED

☐ Sharing room with elderly ☐ Bathing ☒ Meal preparation
☐ Mobility assistance ☐ Dressing up ☐ Toileting help
☐ Transfer assistance ☐ Medication reminders ☐ Exercise/Walking
☐ Feeding assistance ☐ Insulin injection ☐ Bedridden care

Cooking

Do you cook in your country?

☒ Yes ☐ No

Willing to cook for the members of your employer's household?

☒ Yes ☐ No

Willing to handle and cook pork?

☒ Yes ☐ No

How much do you like cooking?

☒ Very much ☐ Average ☐ Not much

What types of food can you cook?

☒ Filipino ☐ Chinese ☐ Western
☐ Indonesian ☐ Arabic ☐ Malay
☐ Indian ☐ Others:
☒ None ☐ No pork ☐ No beef
☐ Vegetarian ☐ Others:

Any dietary restrictions?

Pet Care

Are you a pet lover?

☒ Yes ☐ No

Comfortable caring for cats?

☒ Yes ☐ No

Comfortable caring for dogs?

☒ Yes ☐ No

Any allergy to animal fur?

☒ Yes ☐ No

Pet tasks willing to do:

☒ Feeding ☒ Bathing / grooming
☒ Walking ☐ Cleaning waste / litter box

Are you afraid of dogs?

☒ No ☐ Yes, all dogs ☐ Big dogs only

Specific Work Willingness

WILLINGNESS			WILLINGNESS			WILLINGNESS		
Cleaning	☒ Yes	☐ No	Newborn Care	☒ Yes	☐ No	Elderly Care	☒ Yes	☐ No
Laundry	☒ Yes	☐ No	Infant/Toddler Care	☒ Yes	☐ No	Bedridden Care	☒ Yes	☐ No
Ironing	☒ Yes	☐ No	Childcare	☒ Yes	☐ No	Disability Care	☒ Yes	☐ No
Cooking	☒ Yes	☐ No	Special Child Care	☒ Yes	☐ No	Dog Care	☒ Yes	☐ No
Handwash	☒ Yes	☐ No	Plant Watering	☒ Yes	☐ No	Cat Care	☒ Yes	☐ No

Day-Off & Cellphone Usage

Work on rest day for extra pay?	☒ Yes	☐ No	Follow employer's phone rules?	☒ Yes	☐ No
Willing to stay home on rest day?	☒ Yes	☐ No	Use phone after work hours only?	☒ Yes	☐ No
Respect employer's privacy?	☒ Yes	☐ No	Use social media responsibly?	☒ Yes	☐ No

Work & Personal Readiness

Willing to complete the full 2-year contract?	☒ Yes	☐ No	Who will care for your children while you are away? (if applicable)	
Does your family support your decision to work overseas?	☒ Yes	☐ No	My husband & in laws	
Prepared to live away from your family for minimum 2 years?	☒ Yes	☐ No	What will you do when you feel homesick?	
Have you lived away from your family before?	☒ Yes	☐ No	Focus on my work	
Comfortable working for a family of a different religion?	☒ Yes	☐ No		
Comfortable working with different religious practices?	☒ Yes	☐ No		
Comfortable adjusting religious activities to work schedule?	☒ Yes	☐ No		

Skills & Interests

SPECIAL SKILLS	Cleaning
HOBBIES / INTERESTS	Reading books
	Watching Movies

What do you want to tell your future employer?



If you give me a chance to work with you

I will do my best to do my work and

and respect your rules.

Agency's Remarks

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Additional Photos

