



CODE: IJ-EMA-013		CANDIDATE STATUS		
NAME: NIMFA PALMA		☐ First-timer ☐ Ex-abroad		
NATIONALITY	DATE OF BIRTH	AGE	RELIGION	MARITAL STATUS
Filipino	2 Nov 1990	37	Christian (R.C)	Single mother w/ live in
HEIGHT (CM)	WEIGHT (KG)	EDUCATION	PLACE OF ORIGIN	CURRENT LOCATION
160cm	60kg	High School Graduat	Cavite	Cavite

Family Information

Husband/Live-in Status	Occupation
Live-in	Construction worker
No. of Siblings	Position in Family
4	2nd
No. of Children	Children's Ages
4	17, 14, 9, 3 y.o

Language Proficiency

	None	Basic	Good	Fluent
English	☐	☒	☐	☐
Bahasa Malaysia	☒	☐	☐	☐
Mandarin	☒	☐	☐	☐
Arabic	☒	☐	☐	☐

Work Preference

RANK 1 TO 4 · 1 = MOST PREFERRED

2	Housework + children care
1	Housework + infants / toddlers care
3	Housework + elderly / disability care
4	Housework + bedridden care

Employment History

EMPLOYMENT 1 ☒ Local ☐ Overseas			Completed Contract? ☒ Yes ☐ No
COUNTRY CAVITE PERIOD (mm/yyyy to mm/yyyy) 2024 to present TOTAL DURATION 1 years 11 months	TYPE OF HOUSE (e.g. condo, terrace, bungalow) Apartment NO. OF PEOPLE IN THE HOUSE 2 adults 1 children 1 maids IF CONTRACT NOT COMPLETED, WHY? Still working w/ employer	WORK CATEGORY ☒ Housework ☐ Newborn ☐ Elderly ☒ Cooking ☒ Childcare ☐ Bedridden MAIN DUTIES General housework, cooking, childcare (2y.o), pet care, gardening	
EMPLOYMENT 2 ☐ Local ☒ Overseas			Completed Contract? ☐ Yes ☒ No
COUNTRY QATAR PERIOD (mm/yyyy to mm/yyyy) 7/2024 to 2/2023 TOTAL DURATION 1 years 7 months	TYPE OF HOUSE (e.g. condo, terrace, bungalow) Apartment NO. OF PEOPLE IN THE HOUSE 2 adults 2 children 1 maids IF CONTRACT NOT COMPLETED, WHY? Employer moved to Turkey	WORK CATEGORY ☒ Housework ☒ Newborn ☐ Elderly ☒ Cooking ☒ Childcare ☐ Bedridden MAIN DUTIES General housework, cooking, children care (2y.o & 5 mons old)	
EMPLOYMENT 3 ☐ Local ☐ Overseas			Completed Contract? ☐ Yes ☐ No
COUNTRY PERIOD (mm/yyyy to mm/yyyy) TOTAL DURATION years months	TYPE OF HOUSE (e.g. condo, terrace, bungalow) NO. OF PEOPLE IN THE HOUSE adults children maids IF CONTRACT NOT COMPLETED, WHY? 	WORK CATEGORY ☐ Housework ☐ Newborn ☐ Elderly ☐ Cooking ☐ Childcare ☐ Bedridden MAIN DUTIES 	

EMPLOYMENT 4

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 5

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

Childcare Experience

TYPE / AGE GROUP

- ☒ Newborn (0–12 mths)
☒ Toddler (1–3 yrs)
☒ Preschool (3–6 yrs)
☒ School-age (6–12 yrs)

DUTIES PERFORMED

- ☐ Sharing room with child
☒ Bottle feeding
☒ Spoon feeding
☒ Milk preparation

- ☒ Diaper changing
☒ Bathing
☒ Hair care/tying hair
☒ School preparation

- ☒ Dressing up
☒ Homework guidance
☒ Night care
☒ Play /activities

Elderly & Disability Care Experience

TYPE / AGE GROUP

- ☐ Elderly companionship
☐ Limited mobility
☐ Dementia
☐ Disable

DUTIES PERFORMED

- ☐ Sharing room with elderly
☐ Mobility assistance
☐ Transfer assistance
☐ Feeding assistance

- ☐ Bathing
☐ Dressing up
☐ Medication reminders
☐ Insulin injection

- ☐ Meal preparation
☐ Toileting help
☐ Exercise/Walking
☐ Bedridden care

Cooking

Do you cook in your country?

☒ Yes ☐ No

Willing to cook for the members of your employer's household?

☒ Yes ☐ No

Willing to handle and cook pork?

☒ Yes ☐ No

How much do you like cooking?

☒ Very much ☐ Average ☐ Not much

What types of food can you cook?

- ☒ Filipino ☐ Chinese ☒ Western
☐ Indonesian ☐ Arabic ☐ Malay
☐ Indian ☐ Others: _____
☒ None ☐ No pork ☐ No beef
☐ Vegetarian ☐ Others: _____

Any dietary restrictions?

Pet Care

Are you a pet lover?

☒ Yes ☐ No

Comfortable caring for cats?

☒ Yes ☐ No

Comfortable caring for dogs?

☒ Yes ☐ No

Any allergy to animal fur?

☐ Yes ☒ No

Pet tasks willing to do:

- ☒ Feeding ☒ Bathing / grooming
☒ Walking ☒ Cleaning waste / litter box

Are you afraid of dogs?

☒ No ☐ Yes, all dogs ☐ Big dogs only

Specific Work Willingness

WILLINGNESS			WILLINGNESS			WILLINGNESS		
Cleaning	☒ Yes	☐ No	Newborn Care	☒ Yes	☐ No	Elderly Care	☒ Yes	☐ No
Laundry	☒ Yes	☐ No	Infant/Toddler Care	☒ Yes	☐ No	Bedridden Care	☒ Yes	☐ No
Ironing	☒ Yes	☐ No	Childcare	☒ Yes	☐ No	Disability Care	☒ Yes	☐ No
Cooking	☒ Yes	☐ No	Special Child Care	☒ Yes	☐ No	Dog Care	☒ Yes	☐ No
Handwash	☒ Yes	☐ No	Plant Watering	☒ Yes	☐ No	Cat Care	☒ Yes	☐ No

Day-Off & Cellphone Usage

Work on rest day for extra pay?	☒ Yes	☐ No	Follow employer's phone rules?	☒ Yes	☐ No
Willing to stay home on rest day?	☒ Yes	☐ No	Use phone after work hours only?	☒ Yes	☐ No
Respect employer's privacy?	☒ Yes	☐ No	Use social media responsibly?	☒ Yes	☐ No

Work & Personal Readiness

Willing to complete the full 2-year contract?	☒ Yes	☐ No	Who will care for your children while you are away? (if applicable)	
Does your family support your decision to work overseas?	☒ Yes	☐ No	My family	
Prepared to live away from your family for minimum 2 years?	☒ Yes	☐ No	What will you do when you feel homesick?	
Have you lived away from your family before?	☒ Yes	☐ No	I will focus on my work	
Comfortable working for a family of a different religion?	☒ Yes	☐ No		
Comfortable working with different religious practices?	☒ Yes	☐ No		
Comfortable adjusting religious activities to work schedule?	☒ Yes	☐ No		

Skills & Interests

SPECIAL SKILLS Hand sewing

HOBBIES / INTERESTS Reading Books

What do you want to tell your future employer?



To my future employer, i hope you hire

hire me because i am hardworking

Agency's Remarks

FOR OFFICE USE · COMPLETED BY INTERVIEWER

Have tattoo

Additional Photos

