



CODE: IJ-AV-189

NAME: CHRISTY RAMOS

CANDIDATE STATUS

- ☐ First-timer
☒ Ex-abroad

NATIONALITY

PHILIPPINES

DATE OF BIRTH

15-11-1991

AGE

34

RELIGION

CHRISTIAN

MARITAL STATUS

SINGLE MOTHER

HEIGHT

157CM

WEIGHT

60KG

EDUCATION

HS. GRADUATE

PLACE OF ORIGIN

TAGUM DAVAO

CURRENT LOCATION

DAVAO DE ORO

Family Information

Husband/Live-in Status Occupation

N/A

N/A

No. of Siblings

6

Position in Family

5TH

No. of Children

1

Children's Ages

12 Y/O

Language Proficiency

None Basic Good Fluent

English

☐ ☐ ☐ ☒

Bahasa Malaysia

☒ ☐ ☐ ☐

Mandarin

☒ ☐ ☐ ☐

Arabic

☐ ☒ ☐ ☐

Work Preference

RANK 1 TO 4 · 1 = MOST PREFERRED

☐ 1 Housework + children care

☐ 2 Housework + infants / toddlers care

☐ 3 Housework + elderly / disability care

☐ 4 Housework + bedridden care

Employment History

EMPLOYMENT 1

☐ Local ☒ Overseas

Completed Contract? ☐ Yes ☒ No

COUNTRY

HONG KONG

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

FLAT

PERIOD (mm/yyyy to mm/yyyy)

03/2025 to 04/2026

NO. OF PEOPLE IN THE HOUSE

2 adults 1 children 3 maids

TOTAL DURATION

years 11 months

IF CONTRACT NOT COMPLETED, WHY?

Employer migrate to Canada

WORK CATEGORY

☒ Housework ☒ Newborn ☐ Elderly
☒ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

General housework, cooking, newborn care (4 mos)

EMPLOYMENT 2

☐ Local ☒ Overseas

Completed Contract? ☒ Yes ☐ No

COUNTRY

SAUDI ARABIA

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

2 STOREY HOUSE

PERIOD (mm/yyyy to mm/yyyy)

07/2021 to 07/2024

NO. OF PEOPLE IN THE HOUSE

6 adults 1 children 2 maids

TOTAL DURATION

2 years 11 months

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☒ Housework ☒ Newborn ☐ Elderly
☒ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

General housework, newborn care watering plants

EMPLOYMENT 3

☐ Local ☒ Overseas

Completed Contract? ☒ Yes ☐ No

COUNTRY

KUWAIT

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

2 STOREY

PERIOD (mm/yyyy to mm/yyyy)

10/2016 to 10/2019

NO. OF PEOPLE IN THE HOUSE

2 adults 4 children 3 maids

TOTAL DURATION

3 years months

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☒ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☒ Childcare ☐ Bedridden

MAIN DUTIES

General housework, assist children (21, 17, 14 & 10 y/o), pet care (cat, dog, bird)

EMPLOYMENT 4
☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)
 to
TOTAL DURATION
 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE
 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY
☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 5
☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)
 to
TOTAL DURATION
 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE
 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY
☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

Childcare Experience
TYPE / AGE GROUP
☒ Newborn (0–12 mths)
☒ Toddler (1–3 yrs)
☒ Preschool (3–6 yrs)
☒ School-age (6–12 yrs)

DUTIES PERFORMED
☒ Sharing room with child ☒ Diaper changing ☒ Dressing up
☒ Bottle feeding ☒ Bathing ☒ Homework guidance
☒ Spoon feeding ☒ Hair care/tying hair ☒ Night care
☒ Milk preparation ☒ School preparation ☒ Play /activities

Elderly & Disability Care Experience
TYPE / AGE GROUP
☐ Elderly companionship
☐ Limited mobility
☐ Dementia
☐ Disable

DUTIES PERFORMED
☐ Sharing room with elderly ☐ Bathing ☐ Meal preparation
☐ Mobility assistance ☐ Dressing up ☐ Toileting help
☐ Transfer assistance ☐ Medication reminders ☐ Exercise/Walking
☐ Feeding assistance ☐ Insulin injection ☐ Bedridden care

Cooking

Do you cook in your country?

☒ Yes ☐ No

Willing to cook for the members of your employer's household?

☒ Yes ☐ No

Willing to handle and cook pork?

☒ Yes ☐ No

How much do you like cooking?

☒ Very much ☐ Average ☐ Not much

What types of food can you cook?

☒ Filipino ☐ Chinese ☐ Western
☐ Indonesian ☒ Arabic ☐ Malay
☐ Indian ☐ Others: _____
☒ None ☐ No pork ☐ No beef
☐ Vegetarian ☐ Others: _____

Any dietary restrictions?

Pet Care

Are you a pet lover?

☒ Yes ☐ No

Comfortable caring for cats?

☒ Yes ☐ No

Comfortable caring for dogs?

☒ Yes ☐ No

Any allergy to animal fur?

☐ Yes ☒ No

Pet tasks willing to do:

☒ Feeding ☒ Bathing / grooming
☒ Walking ☒ Cleaning waste / litter box
☒ No ☐ Yes, all dogs ☐ Big dogs only

Are you afraid of dogs?

Specific Work Willingness

WILLINGNESS		WILLINGNESS		WILLINGNESS	
Cleaning	☒ Yes ☐ No	Newborn Care	☒ Yes ☐ No	Elderly Care	☒ Yes ☐ No
Laundry	☒ Yes ☐ No	Infant/Toddler Care	☒ Yes ☐ No	Bedridden Care	☒ Yes ☐ No
Ironing	☒ Yes ☐ No	Childcare	☒ Yes ☐ No	Disability Care	☒ Yes ☐ No
Cooking	☒ Yes ☐ No	Special Child Care	☒ Yes ☐ No	Dog Care	☒ Yes ☐ No
Handwash	☒ Yes ☐ No	Plant Watering	☒ Yes ☐ No	Cat Care	☒ Yes ☐ No

Day-Off & Cellphone Usage

*as per nationality guidelines

Work on rest day for extra pay?*	☒ Yes ☐ No	Follow employer's phone rules?	☒ Yes ☐ No
Willing to stay home on rest day?	☒ Yes ☐ No	Use phone after work hours only?*	☒ Yes ☐ No
Respect employer's privacy?	☒ Yes ☐ No	Use social media responsibly?	☒ Yes ☐ No

Work & Personal Readiness

Willing to complete the full 2-year contract?	☒ Yes ☐ No	Who will care for your children while you are away? (if applicable)	
Does your family support your decision to work overseas?	☒ Yes ☐ No	MY SIBLINGS & MOTHER	
Prepared to live away from your family for minimum 2 years?	☒ Yes ☐ No	What will you do when you feel homesick?	
Have you lived away from your family before?	☒ Yes ☐ No	FOCUS & CALL MY FAMILY AFTER WORK	
Comfortable working for a family of a different religion?	☒ Yes ☐ No		
Comfortable working with different religious practices?	☒ Yes ☐ No		
Comfortable adjusting religious activities to work schedule?	☒ Yes ☐ No		

Skills & Interests

SPECIAL SKILLS CHILDREN CARE

HOBBIES / INTERESTS PLAYING BADMINTON



What do you want to tell your future employer?

i will finish my 2 year contract and i will follow your rules and regulation. i am hardworking and reliable person.

Agency's Remarks

FOR OFFICE USE · COMPLETED BY INTERVIEWER

Additional Photos



Family & Connections in Malaysia

AS DECLARED BY THE APPLICANT

	Y	N	REMARKS
Any relative or family member currently in Malaysia?	☐	☒	
Anyone else you know currently in Malaysia?	☐	☒	
Has any relative of yours worked in Malaysia before?	☐	☒	

Medical History Declaration

HAVE YOU EVER HAD, OR DO YOU NOW HAVE:

	Y	N	REMARKS		Y	N	REMARKS
Short / long sightedness	☐	☒		Tuberculosis (TB)	☐	☒	
High blood pressure	☐	☒		Hepatitis	☐	☒	
Diabetes	☐	☒		Skin disease / persistent rash	☐	☒	
Heart disease	☐	☒		Back, joint or muscle problems	☐	☒	
Gastric	☐	☒		Motion sickness / car sickness	☐	☒	
Thyroid	☐	☒		Allergies (food, medicine, animals)	☐	☒	
Hemorrhoids	☐	☒		Other illness / regular medication	☐	☒	
Asthma or breathing problems	☐	☒					

Lifestyle, Diet & Body Markings

Do you smoke?	☐ Yes, now	☐ Yes, used to	☒ Never
Do you vape?	☐ Yes, now	☐ Yes, used to	☒ Never
Do you drink alcohol?	☐ Yes, now	☐ Yes, used to	☒ Never
Any tattoo?	☐ Y ☒ N	location / size / visible in short sleeves?	
Any food you cannot eat or handle?	NONE		

Dental

Braces / retainer?	☐ Yes, now	☐ Yes, used to	☒ Never	If yes, removal date: _____
Any dental issues?	☐ Yes, now	☐ Yes, used to	☒ Never	

Operations & Hospitalisation

☒ No, I have never had an operation / been hospitalised

☐ Yes, details below type of operation / reason · year · hospital & country · fully recovered? ongoing effects?

Reproductive Health

Using any contraception?	☐ Yes, now	☒ Yes, used to	☐ Never	type; if implant / IUD, date inserted & due
Any menstrual problem?	☐ Yes, now	☐ Yes, used to	☒ Never	heavy bleeding / severe pain / irregular cycles

Financial & Debt Declaration

	Y	N	REMARKS
Any outstanding personal loans or debts?	☐	☒	
Any outstanding bank loans or debts?	☐	☒	

Declaration Status

VERIFIED AT INTERVIEW

☒ Applicant declares she is applying voluntarily (not forced, threatened or deceived)

Information as declared by the applicant in the Applicant Declaration & Consent Form. Medical fitness is confirmed by FOMEMA screening after arrival in Malaysia.