



CODE: IJ-AV-188

NAME: NAIMAH ANTAS

CANDIDATE STATUS

- ☐ First-timer
☒ Ex-abroad

NATIONALITY

FILIPINO

DATE OF BIRTH

30-JAN-1988

AGE

38

RELIGION

ISLAM

MARITAL STATUS

SINGLE MOTHER

HEIGHT (CM)

163CM

WEIGHT (KG)

68KG

EDUCATION

SECONDARY

PLACE OF ORIGIN

DAVAO CITY

CURRENT LOCATION

MANILA

Family Information

Husband/Live-in Status

N/A

Occupation

N/A

No. of Siblings

3

Position in Family

1st

No. of Children

5

Children's Ages

15, 16, 17, 19, 20

Language Proficiency

None Basic Good Fluent

English

☐ ☒ ☐ ☐

Bahasa Malaysia

☒ ☐ ☐ ☐

Mandarin

☒ ☐ ☐ ☐

Arabic

☒ ☐ ☐ ☐

Work Preference

RANK 1 TO 4 · 1 = MOST PREFERRED

- ☐ 1 Housework + children care
☐ 2 Housework + infants / toddlers care
☐ 3 Housework + elderly / disability care
☐ 4 Housework + bedridden care

Employment History

EMPLOYMENT 1

☐ Local ☒ Overseas

Completed Contract? ☒ Yes ☐ No

COUNTRY

SAUDI ARABIA

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

APARTMENT

PERIOD (mm/yyyy to mm/yyyy)

2021 to 2026

NO. OF PEOPLE IN THE HOUSE

2 adults 3 children 1 maids

TOTAL DURATION

5 years months

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

- ☒ Housework ☒ Newborn ☐ Elderly
☒ Cooking ☒ Childcare ☐ Bedridden

MAIN DUTIES

General housework, cooking, childcare
(5 y.o, 3 y.o, 7 months old)

EMPLOYMENT 2

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

PERIOD (mm/yyyy to mm/yyyy)

NO. OF PEOPLE IN THE HOUSE

TOTAL DURATION

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

- ☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 3

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

PERIOD (mm/yyyy to mm/yyyy)

NO. OF PEOPLE IN THE HOUSE

TOTAL DURATION

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

- ☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 4

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

EMPLOYMENT 5

☐ Local ☐ Overseas

Completed Contract? ☐ Yes ☐ No

COUNTRY

PERIOD (mm/yyyy to mm/yyyy)

 to

TOTAL DURATION

 years months

TYPE OF HOUSE (e.g. condo, terrace, bungalow)

NO. OF PEOPLE IN THE HOUSE

 adults children maids

IF CONTRACT NOT COMPLETED, WHY?

WORK CATEGORY

☐ Housework ☐ Newborn ☐ Elderly
☐ Cooking ☐ Childcare ☐ Bedridden

MAIN DUTIES

Childcare Experience

TYPE / AGE GROUP

- ☒ Newborn (0–12 mths)
☒ Toddler (1–3 yrs)
☒ Preschool (3–6 yrs)
☒ School-age (6–12 yrs)

DUTIES PERFORMED

- ☒ Sharing room with child
☒ Bottle feeding
☒ Spoon feeding
☒ Milk preparation

- ☒ Diaper changing
☒ Bathing
☒ Hair care/tying hair
☒ School preparation

- ☒ Dressing up
☒ Homework guidance
☒ Night care
☒ Play /activities

Elderly & Disability Care Experience

TYPE / AGE GROUP

- ☒ Elderly companionship
☐ Limited mobility
☐ Dementia
☐ Disable

DUTIES PERFORMED

- ☐ Sharing room with elderly
☐ Mobility assistance
☐ Transfer assistance
☐ Feeding assistance

- ☐ Bathing
☐ Dressing up
☐ Medication reminders
☐ Insulin injection

- ☐ Meal preparation
☐ Toileting help
☐ Exercise/Walking
☐ Bedridden care

Cooking

Do you cook in your country?

☒ Yes ☐ No

Willing to cook for the members of your employer's household?

☒ Yes ☐ No

Willing to handle and cook pork?

☒ Yes ☐ No

How much do you like cooking?

☐ Very much ☒ Average ☐ Not much

What types of food can you cook?

- ☒ Filipino ☐ Chinese ☐ Western
☐ Indonesian ☒ Arabic ☐ Malay
☐ Indian ☐ Others: _____
☐ None ☒ No pork ☐ No beef
☐ Vegetarian ☐ Others: _____

Any dietary restrictions?

Pet Care

Are you a pet lover?

☒ Yes ☐ No

Comfortable caring for cats?

☒ Yes ☐ No

Comfortable caring for dogs?

☐ Yes ☒ No

Any allergy to animal fur?

☐ Yes ☒ No

Pet tasks willing to do:

- ☒ Feeding ☐ Bathing / grooming
☐ Walking ☐ Cleaning waste / litter box

Are you afraid of dogs?

☐ No ☒ Yes, all dogs ☐ Big dogs only

Specific Work Willingness

WILLINGNESS			WILLINGNESS			WILLINGNESS		
Cleaning	☒ Yes	☐ No	Newborn Care	☒ Yes	☐ No	Elderly Care	☒ Yes	☐ No
Laundry	☒ Yes	☐ No	Infant/Toddler Care	☒ Yes	☐ No	Bedridden Care	☒ Yes	☐ No
Ironing	☒ Yes	☐ No	Childcare	☒ Yes	☐ No	Disability Care	☒ Yes	☐ No
Cooking	☒ Yes	☐ No	Special Child Care	☐ Yes	☒ No	Dog Care	☒ Yes	☐ No
Handwash	☒ Yes	☐ No	Plant Watering	☒ Yes	☐ No	Cat Care	☒ Yes	☐ No

Day-Off & Cellphone Usage

Work on rest day for extra pay?	☒ Yes	☐ No	Follow employer's phone rules?	☒ Yes	☐ No
Willing to stay home on rest day?	☒ Yes	☐ No	Use phone after work hours only?	☒ Yes	☐ No
Respect employer's privacy?	☒ Yes	☐ No	Use social media responsibly?	☒ Yes	☐ No

Work & Personal Readiness

Willing to complete the full 2-year contract?	☒ Yes	☐ No	Who will care for your children while you are away? (if applicable)
Does your family support your decision to work overseas?	☒ Yes	☐ No	My family
Prepared to live away from your family for minimum 2 years?	☒ Yes	☐ No	What will you do when you feel homesick?
Have you lived away from your family before?	☒ Yes	☐ No	I will call my family after work
Comfortable working for a family of a different religion?	☒ Yes	☐ No	
Comfortable working with different religious practices?	☒ Yes	☐ No	
Comfortable adjusting religious activities to work schedule?	☒ Yes	☐ No	

Skills & Interests

SPECIAL SKILLS

HOBBIES / INTERESTS Singing
Dancing

What do you want to tell your future employer?


To my future employer, i hope you hire me
because i am a hardworking person

Agency's Remarks

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Additional Photos

