

## FILIPINO MAID BIODATA

Name: RECHEL PALARAN

Code: IJ-MI-014

### Personal Particulars

Age : 30  
 Date of birth : 09-08-1996  
 Height (cm) : 157  
 Weight (kg) : 45  
 Religion : Christian (Roman Catholic)  
 Education level : High School Graduate  
 Marital status : Single Mother (w/o live-in)  
 No. of children : 1  
 Age of children : 9  
 Husband/Live-in status : Not applicable  
 Husband/Live-in job :  
 No. of siblings : 7  
 Position in family : 3rd  
 Provincial city : CATBALOGAN  
 Current living city : SAMAR

### Experience status

First timer  Ex-abroad

### Personal Preference for Work Categories

(1 = most preferred 4 = least preferred)

2 Housework + Infants/toddlers care  
 1 Housework + Children care  
 3 Housework + Elderly/disable care  
 4 Housework + Bedridden care

### Employment History in Origin Country

1. City/Province: CATBALOGAN, SAMAR  
 How many: 2 year 0 months  
 From what: 2021 year to 2023 year  
 Work details: General housework, cooking, children care (3 & 5 y/o), tutoring, gardening

2. City/Province:  
 How many: 0 year 0 months  
 From what: year to year  
 Work details:

### Employment History in Overseas

1. Country/City: HONG KONG  
 How many: 2 year 0 months  
 From what: 2023 year to 2025 year  
 Finish contract:  Yes  No  
 Work details: General housework, cooking, special child care (3 y/o / autism), carwash

2. Country/City:  
 How many: 0 year 0 months  
 From what: year to year  
 Finish contract:  Yes  No  
 Work details:

3. Country/City:  
 How many: 0 year 0 months  
 From what: year to year  
 Finish contract:  Yes  No  
 Work details:



**Specific Working Experience & Preference**

TYPE OF WORK	DO YOU HAVE EXPERIENCE ? <i>(experience in your country or overseas)</i>	ARE YOU WILLING ?
General Cleaning	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Ironing	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Cooking	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Care for newborn	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Care for toddlers (1-3yo)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Care for children (<10yo)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Care for special child	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Tutoring children	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Care for elderly/disable	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Care for bedridden	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Care for pets (dogs/cats)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Laundry - handwash	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Car wash	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Gardening	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

**Cooking**

Do you cook in your family in your country?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are you willing to do cooking for the family of your employer?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are you willing to learn if the employer want you to learn to cook their food?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
How much do you like cooking? (please answer VERY MUCH, AVERAGE or LITTLE)	<input type="text" value="Average"/>

**Pets**

Are you willing to take care of pets (dogs/cats) if your employer has pets in the house?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are you afraid of dogs? Are you afraid of big dogs?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

**Day Off**

Are you willing to work during your rest-day and employer will pay you overtime?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are you willing to respect your employer's decision if they want you to take your rest day at home and not going out alone?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are you ok if you do not go to church when you are working for your employer?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

**Cellphone**

Do you promise that you will only use your cellphone after you finish all the work for the day?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are you willing to following the employer's rules about the daily usage of your cellphone?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

**Personal Commitments**

Are you aware that the contract is 2 years and promise to finish the 2 years contract?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are you ok to work for your employer if they don't have the same religion with you?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Will you have enough patience if your employer is very strict?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Do you promise that you will honest and loyal to your employer?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Did your husband/parents allow you to work in Malaysia as a domestic helper?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are you ready to separate with your family for the 2 years contract, without going back to your country?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Who will take care of your children when you work in Malaysia?	<input type="text" value="MY MOTHER"/>
If you feel homesick when you work in Malaysia, what are you going to do?	<input type="text" value="KEEP MYSELF BUSY"/>

**Health Declarations / Dietary Restrictions**

Past & existing illness, including chronic ailments and illness requiring medication:

Diabetes (FBS)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Asthma	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Depression	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
High Blood Pressure	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Anemia (low red blood)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Heart disease	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Gastric	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Pneumonia (lung infection)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Epilepsy (seizures)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Migraine	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Dysmenorrhea (period pain)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Malaria	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Are you allergic to any food or medications?  Yes  No If YES, pls specify

Are you currently taking any medications  Yes  No If YES, pls specify

Have you undergone any surgery in the past?  Yes  No If YES, pls specify  year

Have you had any accident or injuries before?  Yes  No If YES, pls specify  year

**Language proficiency**

	Good	Average	Poor	No
1 English	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 Bahasa Malaysia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3 Chinese	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4 Arabic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Personal Habits**

Habits	Past	Present
Smoking	<input type="checkbox"/>	<input type="checkbox"/>
Vaping	<input type="checkbox"/>	<input type="checkbox"/>
Drinking alcohol (beer, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
Tattoo (show photo is any)	<input type="checkbox"/>	<input type="checkbox"/>

**Special Skills**

Example: caregiver, other cuisine, baking, sewing, etc.

1	COOKING
2	CHILDREN CARE

**Hobbies**

Example: cooking, baking, gardening, reading, etc.

1	WATCHING TV
2	

**Additional Courses Attended**

Course name	Duration
Example: caregiver, baking, cooking, etc.	e.g. 6 months
1	
2	

**Personal Statement to Future Employer**

< Write something that you wish to tell your future employer about yourself >

TO MY FUTURE EMPLOYER, I HOPE YOU CHOOSE ME AND BEING FAIR WITH ME AND GIVE ME PROPER INSTRUCTIONS FOR ME TO FOLLOW. THANK YOU

**APPLICANT DECLARATIONS**

My name is **RECHEL PALARAN** (passport no. **P1185339D**) I hereby confirm that all information and details given on this document is, to the best of my knowledge, true and complete. I acknowledge that I have not withheld any information which might preclude me from working abroad in Malaysia. I have given the above information at my own will and I hereby granting my full consent to  as my agency in my country and also to **Agensi Pekerjaan Intan Jaya Sdn Bhd** as my agency in Malaysia, to display my personal information and photos/interview video in their website (and other relevant platforms) to facilitate in getting a job and finding an employer for me in Malaysia.

I wish to testify and confirm that I want to work in Malaysia as a domestic helper. I further affirm that I shall, to the best of my abilities to complete my TWO(2) YEARS contract with my employer.

Signature & thumb print :  
of applicant

Date:

**Additional Photos**

