

# FILIPINO MAID BIODATA

Name: **NERISA TROPICALES**

Code: **TC-VM-099**
**Personal Particulars**

Age : 37  
 Date of birth : 20 August 1988  
 Height (cm) : 151  
 Weight (kg) : 61  
 Religion : Christian (Roman Catholic)  
 Education level : College Level  
 Marital status : Single Mother (w/o live-in)  
 No. of children : 4  
 Age of children : 15 y.o twins, 12, 11 y.o  
 Husband/Live-in status : Not applicable  
 Husband/Live-in job :  
 No. of siblings : 3  
 Position in family : 1st  
 Provincial city : Infanta Quezon  
 Current living city : Valenzuela

**Experience status**  First timer  Ex-abroad

**Personal Preference for Work Categories**

(1 = most preferred 4 = least preferred)

2	Housework + Infants/todlers care
1	Housework + Children care
4	Housework + Elderly/disable care
4	Housework + Bedridden care

**Employment History in Origin Country**

1.	City/Province: <b>SAUDI ARABIA</b>
	How many: 0 year 5 months
	From what: 4/25 year to 9/25 year
	Work details: General housework, cooking, children care
2.	City/Province: <b>SAUDI ARABIA</b>
	How many: 0 year 2 months
	From what: 2/25 year to 4/25 year
	Work details: General housework, cooking, child care (3 months old)

**Employment History in Overseas**

1.	Country/City: <b>SAUDI ARABIA</b>
	How many: 3 year 1 months
	From what: 2018 year to 2021 year
	Finish contract: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Work details: General housework, cooking, marketing, gardening, assist in elderly (70 & 60 y.o), car wash sometimes
2.	Country/City: <b>KUWAIT</b>
	How many: 2 year 5 months
	From what: 2022 year to 2024 year
	Finish contract: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Work details: General housework, cooking, marketing, children care (9, 7, 6 y.o)
3.	Country/City: <b></b>
	How many: 0 year 0 months
	From what: <b></b> year to <b></b> year
	Finish contract: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
	Work details: <b></b>



## Specific Working Experience & Preference

TYPE OF WORK	DO YOU HAVE EXPERIENCE ?		ARE YOU WILLING ?	
	(experience in your country or overseas)			
General Cleaning	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Ironing	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Cooking	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Care for newborn	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Care for toddlers (1-3yo)	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Care for children (<10yo)	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Care for special child	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
Tutoring children	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
Care for elderly/disable	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
Care for bedridden	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
Care for pets (dogs/cats)	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
Laundry - handwash	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Car wash	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Gardening	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No

### Cooking

Do you cook in your family in your country?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Are you willing to do cooking for the family of your employer?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Are you willing to learn if the employer want you to learn to cook their food?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
How much do you like cooking? (please answer VERY MUCH, AVERAGE or LITTLE)	Very much			

### Pets

Are you willing to take care of pets (dogs/cats) if your employer has pets in the house?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Are you afraid of dogs? Are you afraid of big dogs?	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No

### Day Off

Are you willing to work during your rest-day and employer will pay you overtime?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Are you willing to respect your employer's decision if they want you to take your rest day at home and not going out alone?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Are you ok if you do not go to church when you are working for your employer?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No

### Cellphone

Do you promise that you will only use your cellphone after you finish all the work for the day?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Are you willing to following the employer's rules about the daily usage of your cellphone?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No

### Personal Commitments

Are you aware that the contract is 2 years and promise to finish the 2 years contract?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Are you ok to work for your employer if they don't have the same religion with you?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Will you have enough patience if your employer is very strict?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Do you promise that you will honest and loyal to your employer?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Did your husband/parents allow you to work in Malaysia as a domestic helper?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Are you ready to separate with your family for the 2 years contract, without going back to your country?	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Who will take care of your children when you work in Malaysia?	my mother			
If you feel homesick when you work in Malaysia, what are you going to do?	i will pray and focus to my work			

## Health Declarations / Dietary Restrictions

Past & existing illness, including chronic ailments and illness requiring medication:

Diabetes (FBS)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Asthma	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Depression	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
High Blood Pressure	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Anemia (low red blood)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Heart disease	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Gastric	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Pneumonia (lung infection)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Epilepsy (seizures)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Migraine	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Dysmenorrhea (period pain)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Malaria	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Are you allergic to any food or medications?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	If YES, pls specify		
Are you currently taking any medications	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	If YES, pls specify		
Have you undergone any surgery in the past?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	If YES, pls specify	cesarean section	year 13/14
Have you had any accident or injuries before?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	If YES, pls specify		

## Language proficiency

	Good	Average	Poor	No
1 English	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 Bahasa Malaysia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3 Chinese	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4 Arabic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

## Special Skills

	Example: caregiver, other cuisine, baking, sewing, etc.
1	Baking
2	

## Additional Courses Attended

Course name	Duration
Example: caregiver, baking, cooking, etc.	e.g. 6 months
1	
2	

## Personal Habits

Habits	Past	Present
Smoking	<input type="checkbox"/>	<input type="checkbox"/>
Vaping	<input type="checkbox"/>	<input type="checkbox"/>
Drinking alcohol (beer, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
Tattoo (show photo is any)	<input type="checkbox"/>	<input type="checkbox"/>

## Hobbies

Example: cooking, baking, gardening, reading, etc.
1 Cooking
2 Gardening

## Personal Statement to Future Employer

< Write something that you wish to tell your future employer about yourself >

PLEASE CHOOSE ME AS YOUR HELPER, I AM HARDWORKING AND WILLING TO DO ALL THE HOUSEHOLD CHORES.

## APPLICANT DECLARATIONS

My name is **NERISA TROPICALES** (passport no. **P8397282B**) I hereby confirm that all information and details given on this document is, to the best of my knowledge, true and complete. I acknowledge that I have not withheld any information which might preclude me from working abroad in Malaysia.

I have given the above information at my own will and I hereby granting my full consent to

**Agensi Pekerjaan TC Resources Sdn Bhd** as my agency in my country and also to personal information and photos/interview video in their website (and other relevant platforms) to facilitate in getting a job and finding an employer for me in Malaysia.

I wish to testify and confirm that I want to work in Malaysia as a domestic helper. I further affirm that I shall, to the best of my abilities to complete my TWO(2) YEARS contract with my employer.

Signature & thumb print :  
of applicant



Date: 14-January-2026

## Additional Photos

