FILIPINO MAID BIODATA

Name: MICHELE ABANDO

Code: IN-MM-356

Personal Particulars

Age	:	40
Date of birth	:	13 July 1985
Height (cm)	:	152cm
Weight (kg)	:	57kg
Religion	:	Christian (Roman Catholic)
Education level	:	High School Graduate
Marital status	:	Married
No. of children	:	2
Age of children	:	13, 10 y.o
Husband/Live-in status	:	Married and live-in
Husband/Live-in job	:	Welder
No. of siblings	:	4
Position in family	:	1st
Provincial city	:	Alicia Isabela
Current living city	:	Alicia Isabela

Experience status

☑ First timer ☐ Ex-abroad

Personal Preference for Work Categories

(1 = most preferred   4 = least preferred)

1	Housework + Infants/todlers care
2	Housework + Children care
3	Housework + Elderly/disable care
4	Housework + Bedridden care

Employment History in Origin Country

1. City/Province: ISABELA
How many: 3 year 0 months
From what: 2020 year to 2023 year
Work details: General housework, cooking, marketing, childcare, gardening (7,2,1 y.o) ➕

2. City/Province:
How many: 0 year 0 months
From what: year to year
Work details:

Employment History in Overseas

1. Country/City:
How many: 0 year 0 months
From what: year to year
Finish contract: ☐ Yes ☐ No
Work details:

2. Country/City:
How many: 0 year 0 months
From what: year to year
Finish contract: ☐ Yes ☐ No
Work details:

3. Country/City:
How many: 0 year 0 months
From what: year to year
Finish contract: ☐ Yes ☐ No
Work details:

Specific Working Experience & Preference

TYPE OF WORK	DO YOU HAVE EXPERIENCE ? *(experience in your country or overseas)*				ARE YOU WILLING ?			
General Cleaning	☑ Yes		☐ No		☑ Yes		☐ No	
Ironing	☑ Yes		☐ No		☑ Yes		☐ No	
Cooking	☑ Yes		☐ No		☑ Yes		☐ No	
Care for newborn	☑ Yes		☐ No		☑ Yes		☐ No	
Care for toddlers (1-3yo)	☑ Yes		☐ No		☑ Yes		☐ No	
Care for children (<10yo)	☑ Yes		☐ No		☑ Yes		☐ No	
Care for special child	☐ Yes		☑ No		☑ Yes		☐ No	
Tutoring children	☑ Yes		☐ No		☑ Yes		☐ No	
Care for elderly/disable	☐ Yes		☑ No		☑ Yes		☐ No	
Care for bedridden	☐ Yes		☑ No		☑ Yes		☐ No	
Care for pets (dogs/cats)	☑ Yes		☐ No		☑ Yes		☐ No	
Laundry - handwash	☑ Yes		☐ No		☑ Yes		☐ No	
Car wash	☐ Yes		☑ No		☑ Yes		☐ No	
Gardening	☑ Yes		☐ No		☑ Yes		☐ No	

Cooking

Do you cook in your family in your country?	☑ Yes	☐ No
Are you willing to do cooking for the family of your employer?	☑ Yes	☐ No
Are you willing to learn if the employer want you to learn to cook their food?	☑ Yes	☐ No
How much do you like cooking? (please answer VERY MUCH, AVERAGE or LITTLE)	Very much	

Pets

Are you willing to take care of pets (dogs/cats) if your employer has pets in the house?			☑ Yes	☐ No
Are you afraid of dogs? Are you afraid of big dogs?	☐ Yes	☑ No	☐ Yes	☑ No

Day Off

Are you willing to work during your rest-day and employer will pay you overtime?	☑ Yes	☐ No
Are you willing to respect your employer's decision if they want you to take your rest day at home and not going out alone?	☑ Yes	☐ No
Are you ok if you do not go to church when you are working for your employer?	☑ Yes	☐ No

Cellphone

Do you promise that you will only use your cellphone after you finish all the work for the day?	☑ Yes	☐ No
Are you willing to following the employer's rules about the daily usage of your cellphone?	☑ Yes	☐ No

Personal Commitments

Are you aware that the contract is 2 years and promise to finish the 2 years contract?	☑ Yes	☐ No
Are you ok to work for your employer if they don't have the same religion with you?	☑ Yes	☐ No
Will you have enough patience if your employer is very strict?	☑ Yes	☐ No
Do you promise that you will honest and loyal to your employer?	☑ Yes	☐ No
Did your husband/parents allow you to work in Malaysia as a domestic helper?	☑ Yes	☐ No
Are you ready to separate with your family for the 2 years contract, without going back to your country?	☑ Yes	☐ No
Who will take care of your children when you work in Malaysia?	My mother	
If you feel homesick when you work in Malaysia, what are you going to do?	Make myself busy	

Health Declarations / Dietry Restrictions

Past & existing illness, including chronic ailments and illness requiring medication:

	Yes	No		Yes	No		Yes	No
Diabetes (FBS)	☐	☑	Asthma	☐	☑	Depression	☐	☑
High Blood Pressure	☐	☑	Anemia (low red blood)	☐	☑	Heart disease	☐	☑
Gastric	☐	☑	Pneumonia (lung infection)	☐	☑	Epilepsy (seizures)	☐	☑
Migraine	☐	☑	Dysmenorrhea (period pain)	☐	☑	Malaria	☐	☑

	Yes	No			year
Are you allergic to any food or medications?	☐	☑	If YES, pls specify		
Are you currently taking any medications	☐	☑	If YES, pls specify		
Have you undergone any surgery in the past?	☑	☐	If YES, pls specify	CS & Ligation	2016
Have you had any accident or injuries before?	☐	☑	If YES, pls specify		

Language proficiency

		Good	Average	Poor	No
1	English	☐	☑	☐	☐
2	Bahasa Malaysia	☐	☐	☐	☑
3	Chinese	☐	☐	☐	☑
4	Arabic	☐	☐	☐	☑

Personal Habits

Habits	Past	Present
Smoking	☐	☐
Vaping	☐	☐
Drinking alcohol (beer, etc.)	☐	☐
Tattoo (show photo is any)	☐	☐

Special Skills

Example: caregiver, other cuisine, baking, sewing, etc.

1	Hand sewing
2	

Hobbies

Example: cooking, baking, gardening, reading, etc.

1	Dancing
2	

Additional Courses Attended

	Course name	Duration
	Example: caregiver, baking, cooking, etc.	*e.g. 6 months*
1		
2		

Personal Statement to Future Employer

< Write something that you wish to tell your future employer about yourself >

TO MY FUTURE EMPLOYER PLEASE CHOOSE ME AS YOUR HOUSEMAID, BECAUSE I'M A HARD WORKING PERSON, LOYAL,HONEST,PATIENCE AND TRUST WHORTHY. I PROMISE I WILL FINISH ➕

APPLICANT DECLARATIONS

My name is **MICHELE ABANDO** (passport no. **P5655410B**) I hereby confirm that all information and details given on this document is, to the best of my knowledge, true and complete. I acknowledge that I have not withheld any information which might preclude me from working abroad in Malaysia.

I have given the above information at my own will and I hereby granting my full consent to

_____ as my agency in my country and also to

Agensi Pekerjaan Innovedge Bhd Sdn _____ as my agency in Malaysia, to display my personal information and photos/interview video in their website (and other relevant platforms) to facilitate in getting a job and finding an employer for me in Malaysia.

I wish to testify and confirm that I want to work in Malaysia as a domestic helper. I further affirm that I shall, to the best of my abilities to complete my TWO(2) YEARS contract with my employer.

Signature & thumb print : of applicant

Date: 2 June 2025